

SALADS BY MS DEB

APPLE PECAN SALAD

Spring Mix Cucumbers
Candied Pecans Dried Cranberries Green Apple
CROUTONS GORGONZOLA or Blue Cheese

24oz \$8

32oz \$10

TURKEY SUB

Turkey and cheese
on whole wheat with
shredded cabbage tomatoes onion
and vinaigrette served with chips and pickle

\$8

GREEK SALAD

Mixed greens tomatoes cucumbers red onions
feta cheese black olives bell peppers and croutons

24oz \$8

32oz \$10

CHEF SALAD

Romaine tomatoes cucumbers red onions
ham turkey cheese bacon bits eggs croutons

24oz \$8

32oz \$10

CREATE YOUR OWN SALAD

Choose your toppings

24oz \$12

32oz \$15

SALAD DRESSINGS

ITALIAN
BALSAMIC
RANCH
FRENCH
BLUE CHEESE
THOUSAND ISLAND
CAESAR

SALADS BY MS DEB

COMPLIMENTARY ADD ONS

CHIA SEEDS

HEMP SEEDS

DATES

PEPPERONCINI PEPPERS

SUNFLOWER SEEDS

GUAC

AVOCADO

LEMON SLICES

GREEN APPLES

GORGONZOLA CRUMBLES

BLUE CHEESE CRUMBLES



SALADS BY MS DEB
HELPING YOU MAKE THE HEALTHY CHOICE

Circle Toppings

Spinach
Romaine
Spring mix
Shredded carrots
Tomatoes
Cucumbers
Red onions
Bell peppers
Banana peppers
Jalapeno
Pickles

Meat
Turkey
Ham
Chicken (LP)
Salmon
Tuna

Dressings
Balsamic
Ranch
French
1000
Blu Cheese
Italian
Caesars

Feta Cheese
Strawberries
Grapes

***Fruit Availability
May Vary***

Pecans (Regular, Sweet)

Special Instructions: _____

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VEGETABLE SOUP

16 oz cup of carrots celery
onion broccoli bell peppers
cabbage kale okra tomato
potato sweet peas and green
beans served with crackers
\$6

TURKEY AND BEAN CHILLI

16 oz cup of ground turkey
garbanzo beans kidney beans
pinto beans red beans black
beans peppers onions and
spices served with sour cream
cheddar cheese and honey
cornbread
\$10

Yogurt Cup \$4
Fruit Bowl \$4

Availability May Vary



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Salads by Ms Deb

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**NEED LUNCH FOR YOUR
OFFICE OR COMPANY?**

**GROUP PRE-ORDERS
WELCOME**

DELIVERY AVAILABLE FOR ORDERS OF 10

SALADS OR MORE. MUST BE RECEIVED 24-48
HOURS IN ADVANCE

FREE DELIVERY 20 MILES FROM OLD MILL

KITCHEN IN MAULDIN SC

\$20 DELIVERY FEE FOR THOSE OUTSIDE 20 MILE
RADIUS

All pre-orders are prepared and stored at Old
Mill Kitchen and Commissary until scheduled
delivery



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Call us at **864-531-9214** or
email us at **saladsbysmsdeb@gmail.com**
to place your orders and check our availability!